

# Curriculum Vitae



**Hilal Bahjet Shawki Al Saffar**  
**CABM, FRCP, FACC**  
**Internist and cardiologist**

**Name:** Hilal Bahjet Shawki Al Saffar

**Address:** Quarter No. 616, Street No. 24, House No. 10  
Yarmuk city  
Baghdad  
Iraq  
Phone

Mobile: +964-1-7901 345 621

E-MAIL [hilal.alsaffar@meciq.edu.iq](mailto:hilal.alsaffar@meciq.edu.iq)  
[crescent1957@yahoo.com](mailto:crescent1957@yahoo.com)

P.O. Box: 10396 Baghdad

**Sex:** Male

**Date of birth:** October 5<sup>th</sup>, 1957

**Nationality:** Iraqi

**Languages:** English/Arabic

**Marital status:** Married

**Education:** College of medicine, University of Baghdad

**Qualification:** M.B., Ch.B. 1981

### **Postgraduate degrees:**

Arabic board in internal medicine	CABM	1991
Fellows of the American college cardiology	FACC	2004
Fellow of the Royal college of physician, Edinburgh	FRCP	2005
Fellow of Royal College of physician, London	FRCP	2010

### **Posts Held**

- \*1981-1983: House officer, Al Rasheed military teaching hospital.
- \*1983-1986: Doctor at medical field unit.
- \* 1986-1991: Postgraduate trainee, Arabic board in internal medicine.
- \* 1991-1993: Specialist in internal medicine, Al Dewanyia military hospital
- \* 1993-2000: Consultant cardiologist, Al Rasheed military teaching hospital.
- \* 2000-2003: Head of cardiology department, Al Rasheed cardiac center.
- \*2003-2005: Consultant cardiologist, Iraqi center for heart diseases.
- \*2005-2008: Faculty member, College of medicine, University of Baghdad.
- \*2008-2012: Assistant prof cardiology, department of medicine, college of medicine, University of Baghdad.
- \*2012-2019: Head medical education unit, college of medicine, University of Baghdad
- \*2019-2021: Faculty member, college of medicine, University of Baghdad

## **Research experience**

### **Publications:**

1. Omar al-kubasy, Hilal B. shawki al Saffar. Familial dilated cardiomyopathy. J of the Faculty of medicine, 1996; 38:339-397.
2. NooriY.Kuttami, MuyassarS.Ahmed, Abbas M.Yousif, Hilal B. ShawkiAlsaffar. Simplified method for determination of cardiac output in cardiac Cath. lab. Iraqi Army Medical Journal. 1994; 6:161-165.
3. Hilal B. Shawki, Osama T Muslim, Adil Abdul-Ghafour, Amal Al Marayati. Left Ventricular Hypertrophy in Hypertensive Patients Electrocardiographic and Echocardiographic Correlations and Geometrical Patterns. Iraqi Medical Journal, 2006; vol 52, No. 1: 12-20.
4. Reem S Saeed, Khalida M Al-Musawi, Haithum I Baqir, Hilal B Shawki. The Role of Microorganisms in Restenosis after Coronary Stent Implantation. Iraqi Medical Journal, 2006; vol 52, No. 1:50-55.
5. Hilal B Shawki, Shakir M Muhammed, Amal N Reda, Et al. Pulmonary Lymphangioleiomyomatosis. Saudi Medical Journal, 2007; 28: 131-134.
6. Hilal B. Shawki. The role of white Blood Cells in Acute coronary syndrome. Journal of the Faculty of Medicine ,2007; Vol, 49, no.4:362-374.
7. SafaIz Al Deen, Qais AlTae, Hilal Al Saffar , Ihsan Al shamaa. An Echocardiographic study of Valvular Heart Disease Associated with Systemic Lupus Erythematosus. Iraqi postgraduate Medical Journal 2006; Vol.5, No. 4:396-405.
8. Hilal B. Shawki , JawadA.Kadhim, Adil S. Ghafour,Amal Al marayati, Shakir M. Muhammed.Left ventricular hypertrophy in diabetic patients and its relation to other diabetic complications.Alkindy col MED J ; vol 4 (1): 13-18.
9. Hilal B. Al Saffar ,Hider J Al Ghazzi, Shakir M Muhammad.The ankle-Brachial index as a predictor of coronary artery disease severity.JFac Med Baghdad .2009 ,vol 52 ;no 3 : 254-285.
10. Hilal Al Saffar, Husain Nasser, Ammar Al Shaibibii. Coronary artery ectasia in ischemic heart disease patients referred to a tertiary cardiac center. IPMJ, 2012.vol (11) supplement (4)623-629.

11. Hilal Al Saffar, Saad Zedan. SYNTAX scoring in patients with coronary artery disease and its effect on mode or revascularization, single center experience. J Fac Med Baghdad 2012; vol 54, no4:277-230.
12. Assessment of Autonomic Neuropathy in Patients with Diabetes Mellitus by Measurement of Heart Rate Turbulence and Heart Rate Variability. Abbas F Al-Hashim, Najeeb H Mohammed, Hilal B Al-Saffar. IRAQI J MED SCI, 2011; VOL.9, (3)236-239.
13. Delayed Recovery of Contrast Induced Kidney Injury Post Angiography: Rate and Risk Factors Hilal Bahjet Al-Saffar, Yassin Ala Ali .J Fac Med Baghdad 2015; Vol.57, No .3
14. Relation of the Ankle Brachial Index (ABI) to left ventricular systolic function in patients with coronary artery disease. Mahasen M. Abd Al-Majeed, Najeeb H. Mohammed, Hilal B. Al Saffar. Fac Med Baghdad2015; Vol.57, No .1
15. AH jump as predictor for successful Ablation of atrioventricular nodal reentrant tachycardia (AVNRT). Ameen Al-Alwany,Hilal B. Al-Saffar,Najeeb H.Mohammed July 2015. Journal of the Faculty of Medicine, Baghdad 57(2).
16. Microalbuminuria in non-diabetic patients with unstable angina/non ST-segment elevation myocardial infarction. Hilal Bahjet Al-Saffar1, Hussein Nassir, Anna Mitchell, Sebastian Philipp. September 2015 BMC Research Notes 8(1):37.
17. REVIVING THE CURRICULUM: CHALLENGES AND ACHIEVEMENTS COLLEGE OF MEDICINE, BAGHDAD UNIVERSITY. Hilal Al Saffar, Batool Ali Ghalib, Hudal Al Kateeb, Sabeeh Al Mashahadani, Hedef Al Yassin , Noor Sadee, Ahmed Samir Al Nuaim .TOFIQ Journal of Medical Sciences, TJMS, Vol. 3, Issue 2, (2016), 26-36.
18. Why People Apply to Medical School in Iraq? Nesif Al-Hemiary, Ahmed Sameer Al-Nuaimi, Hilal Al-Saffar, Ian Randal. Journal of Medical Education and Curricular Development Volume 4: 1–5,2017
19. Relationship between Level of Pro BNP Terminal N and Ischemic Heart Disease Clinical and Angiographic Evaluation. Hilal, Ahmed Basheer, Hussein Nassir. Jour of Adv Research in Dynamical & Control Systems, Vol. 11, 01-Special Issue, 2019
20. Plasma oxidized low-density lipoprotein level and miRNA-146a gene expression, as a strong predictor for atherosclerotic coronary artery disease and its associated response to atorvastatin in a sample of the Iraqi population. Shaimaa Yousif, Salwa J. Al-Awadi , Hilal Bahjet Al-Saffar .Gene Reports 18:100563,2019.

21. Inter-personal versus content: assessment of communication skills in Iraqi physicians. Nesif J. Al-Hemiary, Angie Cucchi, Ahmed Sameer Al-Nuaimi, Hilal Al-Saffar, Kifah Al-Ani Heliyon 6 (2020) e05145.

### **Teaching experience**

- I was privileged to work in teaching hospitals between 1994-2008. I was actively involved in teaching both postgraduate trainee at Al Rasheed Military teaching hospital and Undergraduate at Al Mustanserria college of medicine.
- Teaching continued during my work at Iraqi center for heart disease & IBN\_ Al Baitar center for cardiac disease. I have been involved in active teaching at Iraqi Center for Heart Diseases for junior cardiologist both at clinics & cath. lab. and supervision of post graduate students for diploma in interventional cardiology.
- I was appointed to be chairman of the postgraduate diploma in interventional cardiology since 2006 till 2019.
- After joining college of medicine, University of Baghdad, I was actively involved in undergraduate training, supervision of postgraduate MSc and PhD.

### **Medical education Experience**

- I was appointed as head of medical education unit, college of medicine, University of Baghdad in 2012 and since then I worked hard to reform medical curriculum from the old one (subject based) to system integrated in collaboration with UK medical schools (Nottingham, Sheffield Universities).
- I was in charge for collaboration with the UK department of health to facilitate Iraqi doctors /UK training program which was designed to train four hundred Iraqi consultants in UK for two months 2007-2009.
- I was in charge of running cardiology training program sponsored with German Universities to train eighty Iraqi consultant cardiologist, cardiac surgeons and anesthetists at various German cardiac centers 2009-2010.

### **Interests:**

I have a keen interest to continue on my career in clinical cardiology & medical education, the two subjects that I have practiced & researched widely.

## **Societies and other activities:**

- 1 I am an active member in the Iraqi cardiothoracic society ICTS, being the ex-Vice president of the society.
- 2 I was involved in the scientific activity of the Iraqi Medical Association (IMA), being the secretary of the bimonthly scientific bulletin.
- 3 I was nominated to be member of the Umbrella organization UO, 2007 -2009, which is responsible for the supervision of the Iraqi doctor training program in UK.
- 4 I was nominated as member of the national Iraqi continuing professional development council CPD that was founded in 2008.
5. I was nominated as member of MOH top advisory committee from 2006-2008.
6. I was nominated as member of Iraqi National Board for Drug selection NBDS, May 2010.
7. I was nominated as Iraqi coordinator with Nottingham University through DELPHE program 2010-2011.
8. I was nominated as Iraqi coordinator with Sheffield Halam University for multi projects health training initiative 2011
9. I was nominated as Iraqi coordinator with German Ministry of health to implement multi projects cardiology training initiative.
10. International advisor for royal college of physician RCP London 2012 till now.
11. Member, national council for accreditation medical colleges in Iraq NCAMC 2015 till now.
12. Head of scientific committee of Iraq red crescent society 2019 till now.

## **Correspondence inside Iraq**

- **Prof. Al- Mothafar** MRCP (Lond.) FRCP(Lond.) FRCP(Eidn.)  
Professor of Internal medicine and hematology, Baghdad medical school  
[amjmam@yahoo.com](mailto:amjmam@yahoo.com)  
+964 79013662
  
- **Prof. Hassan Yousif al Najjar** DCCLond. University, FRCP (Glas., Dub. )  
Professor of cardiology, chairman of cardiology council, Iraqi board for medical specialization, Baghdad Iraq  
[hyalnajjar@hotmail.com](mailto:hyalnajjar@hotmail.com)  
Mob.:+964 7902720424

**Correspondence out side Iraq**

**Professor W Al-Wali, MBChB, FRCPath, MD**

Consultant Microbiologist/Director of Infection Prevention and Control

Honorary Professor to Sheffield Hallam University

Honorary Senior Clinical Lecturer to Sheffield University

Direct line: 01709 427712 Fax. 01709 424247

Mobile: 07568 094323

E-mail: [Walid.Al-wali@rothgen.nhs.uk](mailto:Walid.Al-wali@rothgen.nhs.uk)

The Rotherham NHS Foundation Trust

Moorgate Road

Rotherham

South Yorkshire S60 2UD

**Dr A Y AL-Memar , MD,FRCP**

Consultant Neurologist

St Georges Hospital

Blackshaw RD , London

SW17 0QT

Tel : 0208 7254683

Fax : 02087254700

E Mail : ali@almemar.co.uk

